

Make safety a habit

Be a role model for working safely

Aim for zero injuries

Think Safety in every task

Pay

attention at

safety meetings

Take pride in working safely

Use common sense

Don't try something if you don't know how to do it.



Report near misses
Obey safety signs
Alert co-workers to hazards



Warn others about spills

Shorten your stride on damp surfaces

Pay attention to where you're walking

Use handrails on stairways

Close Drawers after use

Use safety harnesses

Don't let loads block your vision

Clean up messes

Wear shoes that grip well

Walk up or down only one step at a time



Ways to Stay Safe

Practice good housekeeping

Keep racks and bins from overflowing

Keep walkways clear

Clear up clutter

Stack materials neatly

Don't block exits

Pick up after yourself

Always Use the Required PPE

Do not alter PPE

Inspect PPE for damage

Clean your PPE



Follow safety rules

Learn CPR and first aid

Never take shortcuts

Don't horse around

Make sure your work area is well lit

Never jump off the dock

Focus on your task

Don't take chances

Pace yourself to

avoid fatigue

Plan the job before you start

Dress right for heat or cold

Treat injuries promptly

Get plenty of sleep

Manage stress in healthy ways

Know where the exits are

Store flammables correctly

Know the location of fire alarms

Dispose of oily, greasy rags properly

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LEARN EMERGENCY PROCEDURES

Work Together for Safety's Sake Ask for help Lend a hand



Share Ideas for Safer Ways to Work

Unplug power tools when not in use

Use the right tool, the right way



Check for fraying on power cords

Inspect tools for damage

Keep tools clean and sharp

Don't overload

electrical outlets

Cut away from you with knives and blades

Carry sharp tools with the points down

Follow the tool's instructions

Replace or repair

damaged tools

Lift with your legs.

Push rather than pull a heavy load

Size up a load before you lift

Keep your back straight when lifting.

Carry loads close to your body.

STAY ALERT

Know the hazards of the materials you work with

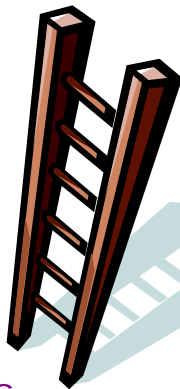


Read the substance's label

Read material safety data sheets (MSDS)

Keep hazardous substances off of skin and clothing

Use a ladder or step stool, not a box or chair



Place ladders carefully

Never stand on the top two rungs of a ladder

Make sure lift truck loads are stable

Use a lift truck only if you are trained

Always wear a seatbelt

Never Drink and Drive

Obey the speed limit

Focus on the road when

driving

Drive defensively

Keep Machine guards in place.

Lock out and tag out machinery before repairing it.

Don't alter machine guards

Watch out for pinch points on machinery

Never bypass a lockout/tagout

Take jewelry off around tools or machinery



Avoid

Constant reaching and bending

Take Care

not to overexert

USE SUNSCREEN WHEN OUTDOORS